



park beach

PHYSIOTHERAPY

and sports injury clinic

as of 1st April 2019

Clinical Rehab Group Classes

Initial Assessment is required \$110.00 * Supervised 1:1 sessions \$85.00 * Supervised Classes \$25.00
MAX 4 PEOPLE PER CLASS -CLAIMABLE FROM PRIVATE FUND

Pilates Class Instructor

Initial Assessment \$110.00 * Supervised 1:1 sessions \$75.00 * Supervised Classes Mat Class \$25.00
MAX 4 PEOPLE PER CLASS - NOT CLAIMABLE FROM PRIVATE FUND

Barre Class/Mat Class Instructor

MAX 8 PEOPLE PER CLASS

Class \$25.00

Booklet x 10 \$220.00

Monday	7am – 8am	8am -9am MAT CLASS	9am – 10am 10am – 11am 11am-12noon	12noon physio class	5.30 – 6.30pm
Tuesday		9am-10am MAT CLASS	10am-11am		4pm – 5pm
Wednesday	7am-8am	8am-9am MAT CLASS		12noon physio class	5.30 – 6.30 Barre
Thursday		9am-10am	10am-11am		5.00-6.00pm
Friday		8am-9am Barre	9am-10am	12noon physio class	

Booklet available: *10 classess \$220.00 * 20 classes \$387.20

Liz Moye - Roger Judd - Craig Little

BOOKINGS ARE ESSENTIAL